

SPA & WELLNESS

Create your
own sanctuary

T 08 8333 3195

www.cocoonspa.com.au

MASSAGE

An indulgence for singles, couples or groups in one of our deluxe group rooms.

Heavenly

30mins	\$80
45mins	\$100
1hr	\$125
1hr 30mins	\$165

An incredibly soothing relaxation style massage.

Deep Tissue

1hr	\$135
1hr 30mins	\$175

Performed by a qualified remedial therapist, ideal for relieving muscle tension, aches and pain.

Warm Stone

1hr	\$135
1hr 30mins	\$175

Massage stones are used to infuse soothing warmth deep into the muscles.

Warm Herbal Compress

1hr	\$145
1hr 30mins	\$185

Warmed herbal compresses are massaged over the body to alleviate tired and sore muscles.

Indian Head

45mins	\$100
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A soothing holistic massage of the pressure points located in the scalp, neck and shoulders.

MOTHER TO BE

Pregnancy Massage

1hr	\$125
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Nurture yourself with an intensely relaxing full body Pregnancy Massage.

Pregnancy Bliss

1hr 15mins	\$135
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Lushly Foot Soak, Pregnancy Massage

Soak away aches and pains with a soothing Lushly Foot Soak and full body Pregnancy Massage.

Pregnancy Refresher Facial

30mins	\$80
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The perfect pick-me-up facial for sensitive skin during pregnancy.

BODY TREATMENTS

These deluxe treatments can be enjoyed in one of our spacious spa suites, accommodating couples and groups.

Pure Balance

1hr 30mins	\$180
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Body Scrub, Massage

Let your cares drift away with this revitalising Body Scrub & Heavenly Massage.

Body Bliss

45mins	\$110
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Body Scrub, Body Moisturise

Leave your worries behind with this nourishing Body Scrub & Moisturise.

MAN SPACE

The Get Away

1hr 30mins	\$195
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Massage, Facial

Indulge in a deeply relaxing full body Heavenly Massage and Skin Restoring Facial.

Deep Tissue Massage

1hr	\$135
1hr 30mins	\$175

Performed by a qualified remedial therapist, ideal for relieving muscle tension, aches and pain.

Muscle Recovery

1hr 30min	\$150
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Deluxe Spa Time, Massage

Revive tired muscles with Deluxe Spa Time in our Steam Room, Swiss Shower and Aroma Bath followed by a full body Heavenly Massage.

COUPLES DELIGHT

Enjoy these deluxe treatments in one of our private spacious spa suites.

Couples Retreat

2hrs 45mins	\$345pp
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Deluxe Spa Time, Body Scrub & Wrap, Massage, Petite Facial

Enjoy total relaxation with Deluxe Spa Time in our Steam Room, Swiss Shower and Aroma Bath followed by a Body Scrub & Wrap, Heavenly Massage & Petite Facial.

Couples Haven

1hr 30mins	\$150pp
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Deluxe Spa Time, Massage

Revive tired muscles with Deluxe Spa Time in our Steam Room, Swiss Shower and Aroma Bath followed by a full body Heavenly Massage.

FACIALS

Pure Radiance

45min \$110

If time is of the essence this is the perfect express facial for a quick skin pick-me-up.

Total Glow

1hr \$140

This facial is packed with a high dose of skin-loving vitamins to deeply exfoliate and nourish all skins, even those with sensitivity.

Skin Renewal

1hr \$155

Instantly improve texture and clarity with this delicate AHA exfoliation. Recommended for sun damaged and congested skin.

Vitamin C Illuminating

1h \$180

This treatment provides intense luminosity using the power of Vitamin C, perfect for skins suffering from dullness and pigmentation.

Instantly Ageless

1hr 15min \$195

This facial is a fast and effective solution for those concerned with fine lines and wrinkles to leave your skin looking smooth and velvety.

Advanced Firming

1hr 15min \$195

Lift and sculpt the face with this firming facial designed to assist with the appearance of hooded eye lids and loss of elasticity around the jaw and neck.

Ultimate Age Defying

1hr 15min \$200

The ultimate in anti-ageing treatments, especially great for those concerned with all signs of aging including pigmentation and dehydration. Enjoy elevated results with the incorporation of an enzyme or AHA peel.

REPLENISH PACKAGES

These deluxe treatments can be enjoyed in one of our spacious spa suites, accommodating couples and groups.

Wish

5hrs \$485

Deluxe Spa Time, Massage, Facial, Champagne Lunch, Manicure, Pedicure

Your journey begins with Deluxe Spa Time which includes an Aromatic Bath, Steam Room & Swiss Shower. Following this, enjoy a Heavenly Massage & Facial including a warm oil scalp treatment. Then indulge in a champagne lunch, followed by a Deluxe Manicure and Pedicure to finish.

Cocooned Pure Indulgence

3hrs \$380

Massage, Facial, Scalp Treatment, Manicure or Pedicure

A totally indulgent treatment beginning with an hour Heavenly Massage and Advanced Hydration facial including a warm oil scalp treatment. Finish with your choice of either a Deluxe Manicure or Pedicure.

Drift Away

2hrs 15min \$270

Aromatic Bath, Dry Body Brushing, Massage, Facial

Completely relax in an Aromatic Bath followed by a gentle Dry Body Brushing. This is followed by an hour Heavenly Massage and Petite Hydration Facial.

Hope

2hrs \$235

Massage, Facial

Relax and unwind with an hour Heavenly Massage followed by a relaxing Advanced Hydration Facial to finish.

Total Time-out

1hr 30min \$195

Foot Soak & Scrub, Back Scrub, Massage, Petite Facial

Begin with a revitalising Foot Soak and Back Scrub followed by a back, neck and shoulder massage and Petite Hydration Facial.

Allure

1hr \$150

Massage, Petite Facial, Eye Revive Mask

Indulge yourself with a soothing Back, Neck and Shoulder Massage followed by a Petite Hydration Facial.

Escape

1hr 30min \$140

Aromatic Bath, Massage

Escape with a soothing Aromatic Bath Soak followed by a full body Heavenly Massage and relaxing scalp massage.